

FROS Vrije Zwemmers Nieuwpoort
Pers. records

maandag 24 februari 2020

dinsdag 1 januari 2019 - zaterdag 29 februari 2020

Naam, voornaam	Geb.dat.	50 vs	100 vs	200 vs	400 vs	800/1500m	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws
Bertier Imany	24/10/2008	25m 48.45	1:58.62	4:01.43						1:00.19	2:30.05		52.14	1:55.46		1:58.47		
Betina Luna	11/01/2005	50m 35.18 25m 34.25	1:15.66	2:49.58	6:37.77 6:16.41		40.17 39.75	1:37.81		44.30 41.02	1:34.44 1:29.52		47.24 44.81	1:39.83 1:41.27		1:25.97	3:17.70 3:16.66	7:10.66
Betina Rhune	7/05/2007	50m 43.03 25m 37.87	1:30.13	3:18.93			58.29			53.45 46.13	1:42.41		53.03 48.19	1:52.99		1:38.33	3:26.91	
Bonjé Aeon	5/12/2004	50m 25m	1:13.77 1:11.80	2:38.34	5:45.34	23:42.53	37.34	1:36.98 1:31.06	3:21.20	37.45	1:27.87 1:21.51	2:54.19	45.04	1:46.81 1:42.92		1:25.19	3:04.82	6:24.80
Bonjé Benny	3/02/1970	50m 25m		3:12.24		26:15.98										1:36.07		
Bonjé Fara	1/01/2008	50m 39.97 25m 37.29	1:28.51	3:15.32	7:01.42	14:29.37	47.73 42.74	1:53.00 1:48.61	3:56.58	48.63 43.51	1:46.31 1:38.28	3:50.69	52.28 47.76	1:52.52 1:42.44		1:34.62	3:39.95 3:36.20	
Bullens Caitlin	15/11/2005	50m 35.80 25m 32.62	1:13.53	2:45.19	6:15.57 6:02.80	12:38.80	45.03 40.03	1:48.90 1:39.26		46.59 41.49	1:30.66	3:15.94	47.19 42.05	1:37.37 1:34.13	3:19.48	1:25.50	3:33.32 3:08.87	6:57.75
Claeys Ditte	19/01/2010	50m 38.26 25m 36.54	1:23.64	2:51.00	6:22.80		43.64 39.72	1:40.10		47.30 46.02	1:46.06 1:37.69		58.03 50.21	1:50.56 1:44.44		1:31.43	3:26.84 3:23.26	
Claeys Koen	8/09/1969	25m 41.29												1:56.30				
Claeys Nette	8/11/2008	50m 42.10 25m 39.26	1:38.20 1:30.31	3:04.40		14:39.10	53.70 46.65	2:12.28 2:07.92		53.66 44.72	1:54.96 1:44.79		54.69 49.12	1:53.51 1:43.57	3:56.56	1:39.37		
Claeys Xena	9/03/2001	50m 35.66 25m 34.29	1:21.09 1:15.75	2:43.63	6:07.06 5:47.28	12:39.53	43.13 40.51	1:40.81 1:32.59	3:31.98	44.00 41.79	1:28.13	3:08.82	44.81 43.07	1:39.15 1:34.87	3:25.16	1:27.60	3:03.93	6:44.81
Cuyvers Arno	27/10/2004	50m 31.48 25m 29.26	1:08.15 1:04.98	2:23.80	5:32.81 5:22.55	22:21.84	34.08 32.73	1:29.31 1:16.07	2:56.92	38.24 34.69	1:23.99 1:13.27	2:39.04	39.58 36.53	1:25.92 1:23.31	2:58.44	1:13.23	2:42.31	5:43.34
De Groote Axelle	29/04/2002	50m 33.67 25m 32.76	1:12.30	2:41.00	5:57.73 5:44.49	12:09.62	38.70 37.45	1:35.88 1:29.56	3:42.04	39.27 38.73	1:30.78 1:24.07	3:08.81	46.69 44.10	1:40.23 1:38.05	3:30.95	1:25.49	3:08.54	6:36.69
Desmet Joran	27/12/2006	50m 43.06 25m 41.74	1:43.08				51.52 50.10			50.44 52.42	1:43.81		51.74		4:04.45	1:34.99	3:53.95	
Devoldere Thomas	23/09/2003	50m 30.25 25m	1:09.62	2:38.08 2:35.50		23:24.41	37.82	1:37.51	3:25.16	39.76			40.89	1:48.06	3:24.66	1:21.18	2:59.80	
D'Heere Elise-Cato	4/07/2006	50m 35.32 25m 35.48	1:23.59	3:03.73 2:52.97	6:52.53 6:35.61		48.59 48.37			44.64 42.78	1:34.62		52.29 51.66	2:00.92 2:01.22	4:07.64	1:31.32	3:48.53	
D'Heere Rémi	12/05/2009	50m 37.77 25m 35.31	1:20.17	2:52.97	6:49.92		48.59 46.10			47.69 41.74	1:38.34 1:30.67	3:30.99	58.53 52.34	2:00.41 1:50.94	4:07.64	1:35.83	3:48.53	
Dheuninck Robbe	7/12/1997	50m 28.82 25m 27.51	1:03.48 1:01.25	2:20.41	5:40.50		29.55 30.11	1:22.74 1:10.96		33.31 30.99	1:13.16 1:07.92	2:34.49	38.91 37.30	1:27.04	3:07.33	1:12.88	2:44.09	
Durnez Marthe	11/07/2006	50m 36.18 25m 34.54	1:19.49	2:58.99 2:50.59	6:13.41 5:55.97	13:08.55	41.23 39.50	1:46.41 1:32.09		45.03 42.35	1:36.75 1:32.30		51.36 49.67	1:47.45 1:50.22		1:27.71	3:20.28 3:19.44	
Durnez Viktor	1/01/2004	50m 32.14 25m 31.24	1:11.03 1:09.67	2:37.48	5:43.25 5:32.38	24:28.46	35.79 35.74	1:20.72	3:01.70	41.16 37.55	1:19.09	2:53.40	43.42 43.37	1:36.24 1:32.78	3:27.36	1:17.53	2:56.53 2:53.62	6:11.11
Ghewy Amber	7/07/2013	50m 1:33.59 25m 1:26.99								1:34.28			1:24.54	3:22.52				
Ghewy Britt	22/01/2005	50m 34.48 25m	1:13.74	2:46.31	5:56.80 5:59.98		40.70 40.09	1:38.61		44.67 42.68	1:27.52	3:15.45	45.43	1:40.84 1:38.88	3:33.07	1:27.31	3:16.30	
Huygh Marieke	3/01/2009	50m 38.23 25m 37.58	1:25.89	2:58.85	7:08.04		49.60 48.69			46.63 44.24	1:33.28	3:16.25	52.38 49.05	1:54.09 1:52.86		1:37.38		
Huygh Robin	7/09/2004	50m 29.95 25m 30.18	1:05.64	2:31.74	5:42.32	22:24.61	36.06 34.44	1:20.54		34.43 34.59	1:13.52	2:46.41	39.15 38.10	1:32.00 1:26.57	3:14.51	1:16.99	2:44.04	6:20.05

Pers. records

Naam, voornaam	Geb.dat.	50 vs	100 vs	200 vs	400 vs	800/1500m	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws	
Lemaire Britt	26/07/2006	50m 25m	35.27	1:21.80 1:21.57	3:01.43	6:54.59	14:25.73	43.16	1:50.53		44.34	1:41.48 1:35.11	47.84	1:53.60 1:45.13		1:33.97	3:22.04		
Lemaire Stan	18/12/2008	25m	46.95	1:43.84	3:54.23					51.26			53.08			1:54.68			
Moerman Isabelle	19/07/1978	50m 25m	38.52 39.15	1:35.12	3:33.76		55.83 51.38			47.89			53.00			1:47.48			
Moeyaert Chesney	7/08/1998	50m 25m	30.92 29.04	1:10.40 1:03.19	2:30.64		33.26 31.82	1:28.79 1:13.80	3:16.98	39.27 35.66	1:15.41	2:57.50	39.23 37.03	1:30.67 1:21.53	3:02.56	1:10.34	2:39.78	5:56.21	
Moeyaert Rochney	1/01/2001	50m 25m	26.98	58.88	2:13.59	5:25.75 4:59.81	22:43.35	31.70 30.97	1:14.33	3:08.02	33.71	1:21.60 1:13.31	2:42.92	34.13	1:17.21	2:49.40	1:08.90	2:45.60 2:33.13	5:52.31
Praet Kobe	22/02/2010	25m	1:02.95		4:29.16					1:01.31			57.36						
Van Colen Floris	27/03/2007	25m														1:21.24			
Vanbeveren Noah	18/07/2006	50m 25m	33.54 31.29	1:14.23 1:09.85	2:44.52	6:12.93 5:53.93	23:23.83	39.67 38.60	1:37.83 1:29.91		37.51 35.82	1:23.07 1:15.65	2:54.23	47.68 45.04	1:44.84 1:32.62	3:56.16	1:20.24	2:58.31	
Vandaele Diederik	25/12/1970	50m 25m	30.20	1:09.47	2:41.47 2:32.08	5:44.42 5:27.14	22:20.47 21:29.10	35.49			38.13					1:23.41			
Vandaele Matis	16/02/2008	50m 25m	46.36 43.46	1:33.81	3:29.90			1:00.77 1:02.44	2:16.99		57.02 50.76	1:57.50	4:42.29	57.03 53.88	2:04.78 1:55.57	4:28.26	1:47.37		
Vandaele Maxime	18/12/2003	50m 25m	29.53 28.19	1:03.15	2:22.63	5:34.77 5:16.22	22:32.06	34.84 33.09	1:19.23	3:14.70	39.05 35.16	1:17.99	2:50.91	36.88 35.32	1:23.56 1:19.53	2:56.07	1:15.88	2:40.41	5:53.78
Vandebroek Evi	12/11/1978	50m 25m	40.88 39.31	1:32.53	3:34.94			54.36			57.31			48.80	1:54.50		1:51.00		
Vanhee Lina	5/05/2004	50m 25m	34.51 33.39	1:15.83	2:48.59	6:29.04 6:09.84		37.77 37.91	1:33.41 1:25.12	3:21.16	41.31 38.85	1:22.47	3:09.31	46.49 45.79	1:44.69 1:44.72		1:26.27	3:10.26 3:05.20	6:37.31
Vergauwe Yanaika	12/06/2009	25m	55.72	2:18.14	4:06.00					1:02.53			56.38	1:55.77					
Verplancke Bram	10/07/2007	50m 25m	35.21 34.22	1:21.01	2:55.55			50.05 47.52	2:00.05 1:45.35		45.81 43.53	1:30.10		46.64	1:48.21 1:44.18		1:28.81	3:27.80 3:24.33	
Verplancke Flor	18/09/2009	50m 25m	42.78 38.14	1:30.87 1:30.97	2:59.21			54.14 47.31			47.63 44.68	1:42.31 1:34.60		54.70	2:08.56 1:59.78		1:46.69		